

FOR IMMEDIATE RELEASE

New fall youth athletic programs announced in Brookhaven

Brookhaven, GA, Aug. 13, 2015 – The City of Brookhaven Parks & Recreation is announcing new youth sports activities this fall. As the Parks & Recreation Department continues to grow, we are excited about offering the citizens and children a wide variety of recreational opportunities.

Pee-Wee Sports Performers, our newest program, will offer a fun and positive learning experience for your child's inner athlete. Children ages 4-5 are invited to learn fundamentals that incorporate fun games, scrimmages and age-appropriate competitions. Your child can choose to participate in golf, lacrosse, basketball or all three. All participants can expect to improve their skill level throughout this program.

Another innovative program we will offer this fall is Youth Boxing classes. Brookhaven Parks & Recreation has partnered with Sweet Science Fitness to teach the sport of boxing in a fun, safe and exciting environment. Participants will learn self-esteem, self-confidence and self-discipline. Programs like this provide a positive and fun outlet for our youth, while keeping them healthy, active and engaged. Classes will continue through January 2016 and are available to ages 9-17. No contact required.

Youth Volleyball has also arrived in Brookhaven for the 2015-2016 season. Beginning this December, Olympus Volleyball Club will offer youth volleyball leagues at Lynwood Park Recreation Center. Please visit their website (www.olympusvolleyballclub.org) to register.

For more information on any of these new athletic programs, call Brookhaven Parks & Recreation at 404-637-0542 or check us out online at www.brookhavenga.gov/city-departments/parks-recreation.

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