



FOR IMMEDIATE RELEASE

Volunteers needed, participants invited to Brookhaven's 'It Starts in the Parks' 5K race

Brookhaven, GA, July 9, 2015 – July is National Parks and Recreation Month, so what better way to celebrate than to get out and run in one of Brookhaven's parks?

The city's Parks & Recreation Department is hosting its first 5K, "It Starts in the Parks," which will go around Blackburn Park, on Saturday, July 18, beginning at 7:30 a.m. at 3493 Ashford Dunwoody Road.

Race fees are \$35 through July 16, and \$40 on-site. Awards for various categories will be presented. Click [here](#) for registration form, or go to Active.com.

The department is also seeking about volunteers to help out between the hours of 6:15 to 9:30 a.m. All ages are welcome, and duties include checking in pre-registered participants, taking registration/money for people signing up on-site, manning the corner of a small side street intersection while racers pass by, manning a water table during the race, helping pass out shirts and giving out awards post-race.

For more information about volunteering, email Philip Mitchell at philip.mitchell@brookhavenga.gov, or call the Briarwood Recreation Center at 404-637-0512.

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